

PRECISION HUMAN RESOURCE SOLUTIONS, INC.

CERTIFIED NURSING ASSISTANT SKILLS CHECKLIST

This self-evaluation is for assessing your experience in specific clinical areas. This self-evaluation will not be a determining factor in accepting your application to become an employee of Precision Human Resource Solutions, Inc.

1 = No Experience 2 = Limited Experience 3 = Experienced 4 = Highly Skilled

GENERAL NURSING	1	2	3	4
Admit & Orient Patients				
Discharge Patients				
Vital Sign Monitoring				
Pulse Oximetry				
Urine Dipstick				
Blood Glucose Monitoring				
Wound Care				
Dressing Changes				
Positioning / Transferring				
Pre-Operative Care / Preparation				
Post-Anesthesia Care:				
- General				
- Spinal				
- Block				
Restraints - Apply/Monitor				
Isolation Techniques				
Advance Directives				
Postmortem Care				
Assist / Perform Bathing				
Complete Bed Bath / Total Assist				
Assist with Toileting Activities				
Assist with Oral Hygiene				
Documentation				
Reporting to Supervisor				
CARDIAC	1	2	3	4
Use of Cardiac Monitors				
Telemetry				
Perform 12-lead EKG				
Assist with Code				
Assist Care of Patient With:				
Acute MI				
Congestive Heart Failure				
Pre / Post Cardiac Cath				
Pre / Post Cardiac Surgery				
Aneurysm				
Permanent Pacemaker				
Temporary Pacemaker				
ORTHOPEDIC	1	2	3	4
Crutch Walking				
Cast Care				
Traction				
Assist Care of Patient With:				
Amputation				
Skeletal Traction				
Arthroscopy / Arthrotomy				
Total Hip Replacement				
Total Knee Replacement				

VASCULAR	1	2	3	4
Apply Noninvasive BP Monitor				
Monitor Noninvasive BP Monitor				
Draw Blood for Lab Studies				
Discontinue Peripheral IVs				
Intake and Output				
Peripheral Pulses				
Ultrasonic Doppler				
Apply Antiembolism Stockings				
RESPIRATORY	1	2	3	4
Open / Monitor Airway				
Assist with Intubation (ETT)				
Assist with Extubation				
O2 Saturation Spot Checks				
O2 Saturation Monitors				
Incentive Spirometry				
Nasal Cannula				
Face Masks				
Assist Care of Patient With:				
Asthma / COPD				
Pre / Post Thoracic Surgery				
Tracheostomy				
Chest Tubes				
NEUROLOGY	1	2	3	4
Neurological Evaluation				
Glasgow Coma Scale				
Assist with Lumbar Puncture				
Seizure Precautions				
Assist Care of Patient With:				
Open / Closed Head Injury				
CVA				
Spinal Cord Injury				
Craniotomy				
Drug Overdose / DTs				
GASTROINTESTINAL	1	2	3	4
Assist with Nutritional Evaluation				
Assist with Feedings				
Monitor NG Tube				
Gastrostomy Tube Monitor / Feed				
Ostomy Care				
Assist Care of Patient With:				
GI Bleed				
Abdominal Wounds				
Drains				

GENITOURINARY	1	2	3	4
Straight / Foley Cath FeMale				
Straight / Foley Cath Male				
Obtain / Instruct Clean Catch Urine				
Assist Care of Patient With:				
Shunts & Fistulas				
Renal Failure				
Nephrectomy				
Renal Transplant				
Mastectomy				
Hysterectomy				
Prostate Surgery				

OTHER	1	2	3	4
Assist Care of Patient With:				
Diabetes				
Aids				
Multiple Trauma				
Burns				
Oncology				
Bone Marrow Transplant				
Liver Transplant				

Age-Appropriate Care: Ability to adapt care to incorporate normal growth and development, adapt method and terminology of client instructions as it relates to the age and comprehension level of the client, and to ensure a safe environment - reflecting specific needs of the client and various age groups.

AGE	1	2	3	4
Newborn (birth-30 days)				
Infant (30 days - 1 year)				
Toddler (1 - 3 years)				
Preschooler (3 - 5 years)				
School Age (5 - 12 years)				

AGE	1	2	3	4
Adolescents (12 - 18 years)				
Young Adults (18 - 39 years)				
Middle Adults (39 - 64 years)				
Older Adults (64+ years)				

The information I have given is true and accurate to the best of my knowledge, and I hereby authorize Precision Human Resource Solutions to release this Skills Checklist to staffing clients of Precision Human Resource Solutions. Submit this skills self-evaluation with your initial application. To be updated annually.

Applicant Signature

Date

Applicant Name & Title (please print)

PHRS Representative Signature

Date